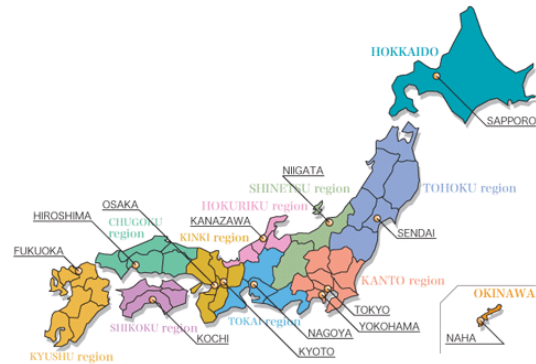


2A Liu Ya

Japan and the Japanese

Japan is made up of four main islands. Around 126 million people live in Japan. The people speak Japanese. The capital city is Tokyo, but the ancient capital is Kyoto. It is hot and humid in summer, and cold and snowy in winter.



The Japanese cuisine offers a great variety of dishes. The most popular ones are rice dishes and noodle dishes.

Rice is one of the most important ingredients. It can be found in many dishes. There is seafood, rice, seaweed and vinegar in sushi. Domburi is a bowl of cooked rice with some toppings, like beef, eggs and chicken. Rice bowl is a side dish. The Japanese eat for lunch or dinner. They like to mix it with sauce and raw eggs.

Another popular dish is noodle. There are different kinds of noodle dishes. Soba noodle can be served in hot or cold. Udon noodles are Japanese noodles. They can be served in cold or hot. They are thicker than soba noodles. Ramen noodles are Chinese style noodles, prepared in soup with various toppings. The Japanese noodles are made of wheat flour.

Although Japanese food is healthy, I like to eat it. Because sushi is delicious.

